

# 一日周期表

	1																18	
1	H a.m. 00:00	2										13 14 15 16 17					He a.m. 00:12	
2	Li a.m. 00:24	Be a.m. 00:36											B a.m. 00:48	C a.m. 01:00	N a.m. 01:12	O a.m. 01:24	F a.m. 01:36	Ne a.m. 01:48
3	Na a.m. 02:00	Mg a.m. 02:12	3	4	5	6	7	8	9	10	11	12	Al a.m. 02:24	Si a.m. 02:36	P a.m. 02:48	S a.m. 03:00	Cl a.m. 03:12	Ar a.m. 03:24
4	K a.m. 03:36	Ca a.m. 03:48	Sc a.m. 04:00	Ti a.m. 04:12	V a.m. 04:24	Cr a.m. 04:36	Mn a.m. 04:48	Fe a.m. 05:00	Co a.m. 05:12	Ni a.m. 05:24	Cu a.m. 05:36	Zn a.m. 05:48	Ga a.m. 06:00	Ge a.m. 06:12	As a.m. 06:24	Se a.m. 06:36	Br a.m. 06:48	Kr a.m. 07:00
5	Rb a.m. 07:12	Sr a.m. 07:24	Y a.m. 07:36	Zr a.m. 07:48	Nb a.m. 08:00	Mo a.m. 08:12	Tc a.m. 08:24	Ru a.m. 08:36	Rh a.m. 08:48	Pd a.m. 09:00	Ag a.m. 09:12	Cd a.m. 09:24	In a.m. 09:36	Sn a.m. 09:48	Sb a.m. 10:00	Te a.m. 10:12	I a.m. 10:24	Xe a.m. 10:36
6	Cs a.m. 10:48	Ba a.m. 11:00	※ 1	Hf p.m. 02:12	Ta p.m. 02:24	W p.m. 02:36	Re p.m. 02:48	Os p.m. 03:00	Ir p.m. 03:12	Pt p.m. 03:24	Au p.m. 03:36	Hg p.m. 03:48	Tl p.m. 04:00	Pb p.m. 04:12	Bi p.m. 04:24	Po p.m. 04:36	At p.m. 04:48	Rn p.m. 05:00
7	Fr p.m. 05:12	Ra p.m. 05:24	※ 2	Rf p.m. 08:36	Db p.m. 08:48	Sg p.m. 09:00	Bh p.m. 09:12	Hs p.m. 09:24	Mt p.m. 09:36	Ds p.m. 09:48	Rg p.m. 10:00	Cn p.m. 10:12	p.m. 10:24	Fl p.m. 10:36	p.m. 10:48	Lv p.m. 11:00	p.m. 11:12	p.m. 11:24

p.m. p.m.  
11:36 11:48

※	La a.m. 11:12	Ce a.m. 11:24	Pr a.m. 11:36	Nd a.m. 11:48	Pm p.m. 00:00	Sm p.m. 00:12	Eu p.m. 00:24	Gd p.m. 00:36	Tb p.m. 00:48	Dy p.m. 01:00	Ho p.m. 01:12	Er p.m. 01:24	Tm p.m. 01:36	Yb p.m. 01:48	Lu p.m. 02:00
1															
※	Ac p.m. 05:36	Th p.m. 05:48	Pa p.m. 06:00	U p.m. 06:12	Np p.m. 06:24	Pu p.m. 06:36	Am p.m. 06:48	Cm p.m. 07:00	Bk p.m. 07:12	Cf p.m. 07:24	Es p.m. 07:36	Fm p.m. 07:48	Md p.m. 08:00	No p.m. 08:12	Lr p.m. 08:24
2															